

Passion is what drives you, so allow your passion.
 Let emotion drive you rather than intellect, and
 lead with your heart, not your head. It is a blend of
 the brain and soul that equals success!

- Louise Swartswalter

Steps for Success

THE SECRET

When I taught dyslexic students, I discovered they learned best when I used a multi-sensory approach. I took this concept and used it to create my B.R.A.I.N. System to heal the whole body.

See

Say

Feel

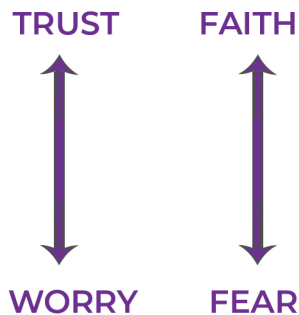
Hear

Write

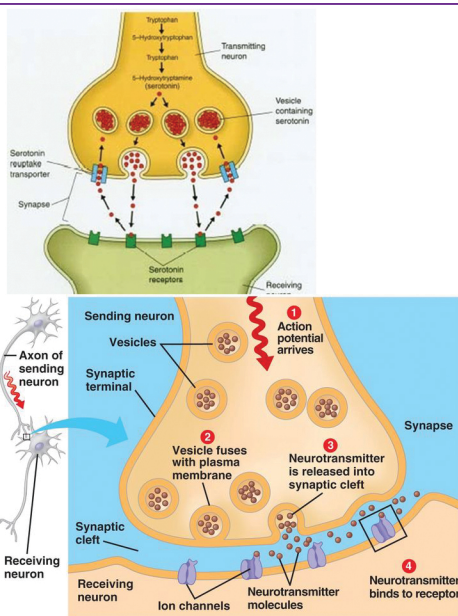
In this section, we will learn:

- 01 Identify the Intention: What do you want to have change or be different?
- 02 Do Mind Gems
- 03 Balance the Muscles
- 04 Water Clearing, drink water
- 05 State the desire: I easily release stress of work. I replace this with calm and peace. Muscle test (it will bring up the stress, meaning the arm goes weak.)
- 06 Do the positive points on the left leg
- 07 Do the clearings down the front to clear sabotage patterns
- 08 Post Test the goal by muscle testing again (arm should be strong.)
- 09 Lock it in.

WHERE ARE YOU?



NOTES



Tip: We heal in the spaces of our bodies. Circles of Life works in the spaces to replace information that no longer serves us with a New Program, Step 5 of the B.R.A.I.N. System.